

While you can develop a written Safe Operating Procedure for high-risk jobs, safe job planning can be done anytime by:

- Considering each job step in the correct sequence they are performed, noting who will be performing each step
- Brainstorming potential and actual hazards for each step, including any uncontrolled conditions/activities that can result in injury/illness
- Considering the specific hazard controls that can reduce the risk

Hazard controls to mitigate risk include:

- choose a different process, modify an existing process, substitute
- use safety considerations in your home. Keep the following in mind:



Consider the potential hazards in the painting example to the right; what hazard controls could you put into place to mitigate the risk of each of the potential hazards?

If you have any safety concerns that need to be addressed, Environmental Health & Safety (EHS) can help develop a Safe Operating Procedure, conduct a formal hazard assessment, and more.

Keep the topic relevant. Work with your team to review hazardous tasks in your workplace that may require an SOP or hazard assessment and discuss how the hazards can be avoided.

what can
Paint the walls

Keep the hands from muscle strain
Breathing in respirable dust
Working at heights
Hand/arms muscle strain
Breathing in fumes

Working with or on utilities (e.g., electrical circuits, plumbing) can be dangerous and cause extensive damage; do not touch these if you are not competent or qualified.

- o Whether knives in a kitchen or tools in the garage, keep sharp or dangerous objects and tools out