

### Assessing Respiratory Hazards

When responding to respiratory concerns, Risk Management reviews Sa1,

[website](#) or call (847) 491-5582.

Learn more: Complete [Respiratory Protection training](#).

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#### Safety at Home

Keep the following limitations and cautions in mind while completing DIY projects and using hazardous chemicals, from pesticides to paint thinners.

- o Always purchase NIOSH-approved respirators that are adequate protection for the work you are going to perform.
- o Check the SDS for the chemicals/products you are working with to ensure you purchase the correct PPE. For example, while an N95 may be sufficient for sanding drywall, a half-face respirator with a vapor cartridges would be required while spraying aerosols, like spray paint.
- o If you have a heart disease or respiratory condition, consider consulting with your doctor prior to wearing a respirator.

For additional information, contact Gwen Butler, Director, Environmental Health and Safety, at (847) 491-4936.